

# Homebush Boys High School

## P & C Association

17<sup>th</sup> May 2011

**Meeting opened:** 7.40pm

### **Presidents Welcome :**

Simone Burton chaired the meeting in Simon Ford's absence. Simone welcomed the members and handed over to Mr Jurd who introduced our guest speaker Ms Gina Sorensen, School Counsellor and her talk 'The role of a School Counsellor. In particular, Anti bullying policies & strategies, Cyber bullying and Mental Health Awareness'.

Gina's role at school is shared with Kalle Egan who is also a School Counsellor. Between them they offer counselling on issues such as group study and friendship skills, school yard and cyber bullying, welfare and learning and behavioural matters and they offer psychological support to students in the form of referring out and liaising with other agencies if necessary.

They offer professional support through the Department of Education, training and development and transition support for Years 10, 11 and 12, helping with job search and job matching.

Gina is qualified to diagnose educational disabilities and works with multi dimensional welfare development programmes which are a Federal Government initiative to promote understanding of mental health.

Mental health is an issue that affects 1 in 5 Australians (so that is 4 out of 5 people at least indirectly affected via friends or family). One million adults and **100,000 young people are affected by mental health issues** such as depression, stress, anxiety, bipolar disorder or psychotic disorders or schizophrenia. Warning signs to look out for if you think someone you know may be affected are: - spending too much time alone, changed eating and sleeping habits, feeling confused, angry, overwhelmed, or not wanting to go to school. If you need help or you have a question that you need answering, you can contact any of the following agencies:-

Lifeline ph: 13 11 14

Kids help Line ph: 1800 551 800

[www.beyondblue.org.au](http://www.beyondblue.org.au)

[www.moodgym.anu.edu.au](http://www.moodgym.anu.edu.au)

[www.reachout.com.au](http://www.reachout.com.au)

[www.youthbeyondblue.com](http://www.youthbeyondblue.com)

[www.crufad.unsw.edu.au](http://www.crufad.unsw.edu.au)

[www.headroom.net.au](http://www.headroom.net.au)

Leaflets and information will be placed outside the school office and parents can contact Gina directly by email if you have any questions or concerns at: [gina.sorensen@det.nsw.edu.au](mailto:gina.sorensen@det.nsw.edu.au)

ALL CORRESPONDENCE IS CONFIDENTIAL.

Our sons can access info in the back of their school diaries but encourage your kids to TALK about their feelings even if it is something you don't want to hear. And if they can't talk to you about a problem, encourage them to talk to someone...it can really help if they are feeling lost.

**Attendance:** Per attendance book

**Apologies:** Simon Ford, Nick Miller, Myra Craig, Joanne Coverdale, Stacey Houllis, Anita Kumar

**Business Arising:** Nil

**Correspondence In:** Awareness Shows (handed to Mr Jurd) National Volunteer Week Dinner Invitation, P & C Federation Notification of Annual Conference, Direct Deposit Confirmation Strathfield Council, P & C Journals

**Correspondence Out:** Nil

**Principals Report:** Mr Jurd presented his report

- 1 Mothers Day stall a great success. Thanks Ms Edwards, Cheryl Miller, Linda Tararenko, Helen Terlickar, Wendy Wong See. Raised \$675.25 profit.
- 2 Solar Grant – approved and financed in Semester two.
- 3 Working Bee – Date set for **SATURDAY 25<sup>TH</sup> JUNE 2011. Noon to 4pm in all weather conditions.**
- 4 Education Tax Refund - go to [www.educationtaxrefund.gov.au](http://www.educationtaxrefund.gov.au)
- 5 BOS Shop online – go to <https://bosho.boardofstudues.nsw.edu.au/links/shoponline.html> for all your school child needs Years 7-10.
- 6 NAPLAN – Excellent response from students attending exams. Well done Mr Hilliard & team.
- 7 C4E Centre for Excellence – We are part of a partnership with Homebush West Public School (Hub School) which also involves Strathfield Girls, South Strathfield PS, Harcourt PS and Newington PS. Our focus is Reading & Professional Development. The Government funds this initiative to lift outcomes in Literacy across all schools within our partnership grant.
- 8 UNSW Winter School – Well done Ben Eisikovich for gaining entry.
- 9 Volunteers Day – Strathfield Council invited six Year 12 and SRC representatives and a P & C parent Representative to a celebratory dinner on the 12<sup>th</sup> May to thank volunteers in our community.
- 10 Signs – Traffic signs and school signs are in place around school
- 11 **Merit selection panel** – Mr Jurd is looking for qualified volunteers to assist on these school panels.
- 12 2011 DER-NSW Parent Survey – School is looking for your views on the laptop programme. Please Go to <http://www.surveymonkey.com/s/RWN6ZS7?c=8151> (enter it at the top of the page of your internet browser, not into your search engine such as Google and press enter).
- 13 **Parent volunteers for supervision of HSC/School Cert** from 17<sup>th</sup> October – 11<sup>th</sup> November. Mon-Fri. 9.00am - 5pm. – Mr Jurd called on volunteers. P & C parent's names were forwarded to Mr Jurd.

**IF YOU CAN HELP ON THE MERIT SELECTION PANEL OR THE SCHOOL MARKING PANEL – PLEASE CONTACT MR JURD BY RINGING THE SCHOOL OFFICE ph: 9764 3611.**

**Treasurers Report:** Nil

**General Business:**

Cheryl Miller requested that the money raised from the Mothers Day stall be given to Ms Edwards to spend on Support Learning. Catherine Lea seconded. Mr Jurd to request official request from Ms Edwards for consideration.

Vaccinations – A parents asked when they will be given to the new Year 7 intake. Mr Jurd to follow up.

HBHS Diamond Jubilee P & C Representative – Mr Jurd called for a parent body representative to join the organising committee. Fiona Murray volunteered.

Diamond Jubilee Dinner – Will be held at the Waterview Restaurant Homebush Bay. Tickets will be available through the school office shortly at \$100 pp.

**NEXT MEETING: TUESDAY 21<sup>st</sup> JUNE 2011 CLEANUP DAY AT HBHS SAT 25<sup>th</sup> JUNE 12- 4pm –Bring your tools**