



# Looking for ways to improve results this year? HBHS has subscribed to an interactive online study skills handbook!

[www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)



The ELES **Online Study Skills Handbook** provides a comprehensive and interactive online guide for students as to the study skills needed for success in high school studies. Our school has subscribed and this allows Years 11 and 12 to access all of the information at any time. Students may like to work through the units systematically to help improve their results or browse on an as needed basis. Years 7 – 10 will have the modules delivered in targeted study skills lessons during Terms 1 – 4.

## Features:

*In addition to the huge amount of content, the systematic program for students to work through includes:*

- online quizzes
- summary sheets
- worksheets
- lots of FAQs answered
- articles and links
- online polls
- facility to submit questions
- helpful grids and planners
- jokes and quotes
- student thoughts
- images and photos
- students can submit ideas to win competitions...

*Plus:*

- lots of audio and video files
- streaming audio (to allow students the option to read or listen to the content)

*And:* new content added weekly, new units added each year, new features added regularly.

There is also a tracking system where you save the results of your quizzes over the years.

## What's in the handbook?

### **Working Better At Home Units**

1. Home Study Environment
2. Organisation and Filing
3. Time Management Skills
4. Managing Workload
5. Dealing with Distractions
6. Overcoming Procrastination
7. Developing Motivation
8. Goal Setting
9. Lifestyle and Balance
10. Managing Stress



### **Working Better At School Units**

1. Will we ever use this?
2. Using Classtime
3. Asking for Help
4. Dealing with Conflict
5. Groupwork Skills

### **Improving Your Skills Units**

1. Reading Skills
2. Writing Skills
3. Mathematical Skills
4. Science Skills
5. Foreign Language Skills
6. Assignments Skills
7. Research Skills
8. Presentation Skills

### **Improving How You Study Units**

1. Summarising
2. Active Studying
3. Exam Blocks
4. Test-Taking Techniques
5. After Tests & Exams

**extra mini-units:** Starting Secondary School, Becoming a Senior Student, Bullying: Issues and Strategies, Managing Part-Time Jobs, Your Brain and Memory, Live Your Best Life, Educational Kinesiology, Living Across 2 Houses, Travel: A Motivator to Learn, University: A New Adventure, Technology Tools, Basic Computer Skills, Be CyberSmart, Apps for iPhone, iPad or Android, Microsoft OneNote

**Year 11 and 12 have access to this website and all the wonderful interactive modules to help improve their study skills. Students are to go to their Study Skills Handbook from this term for the password and username.**